

# **THE GATHERING OF THE REV. SISTERS**

**OF LOS ANGELES ~ REV. BJ. JENKINS PRESIDENT**







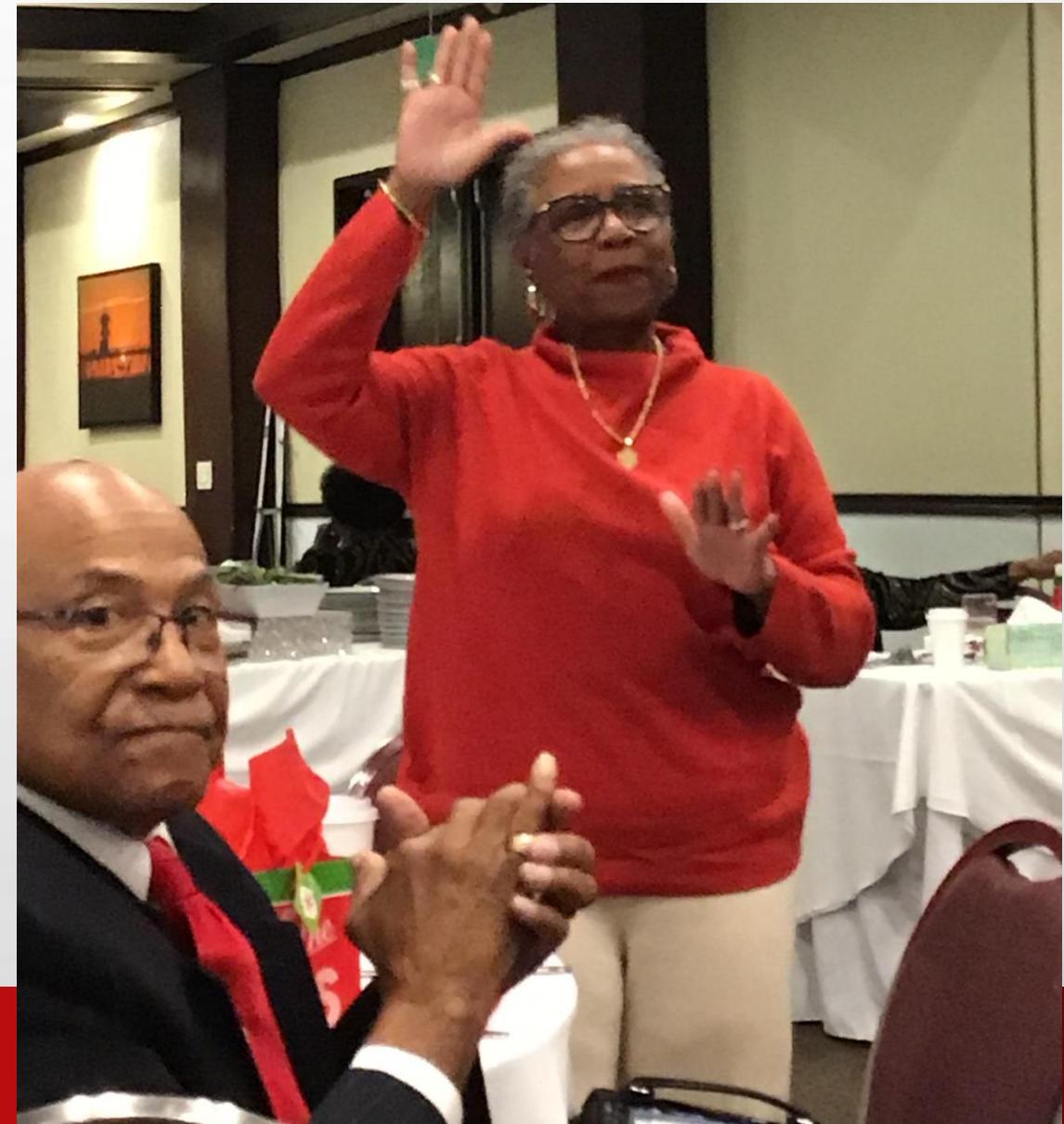






















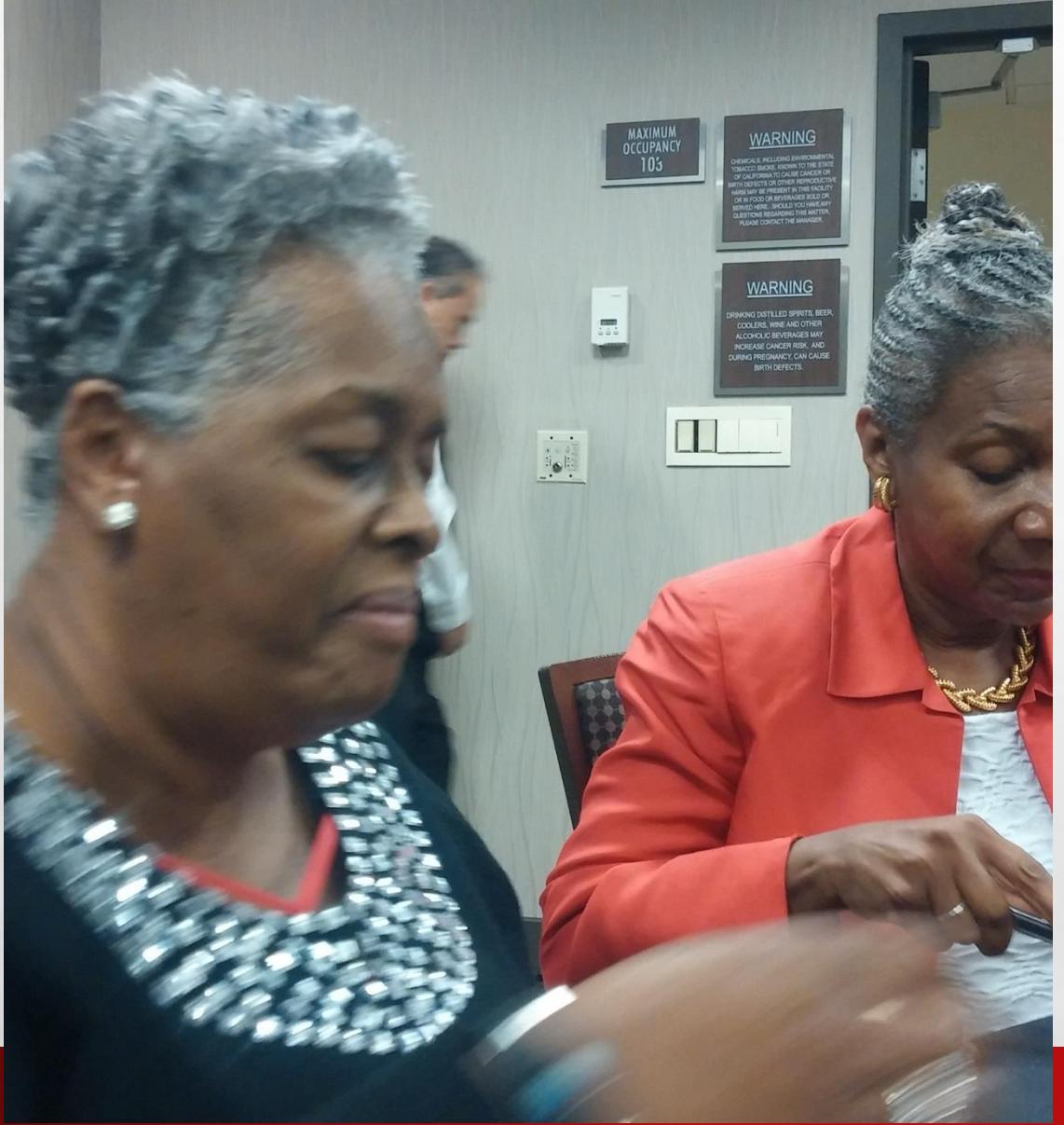
















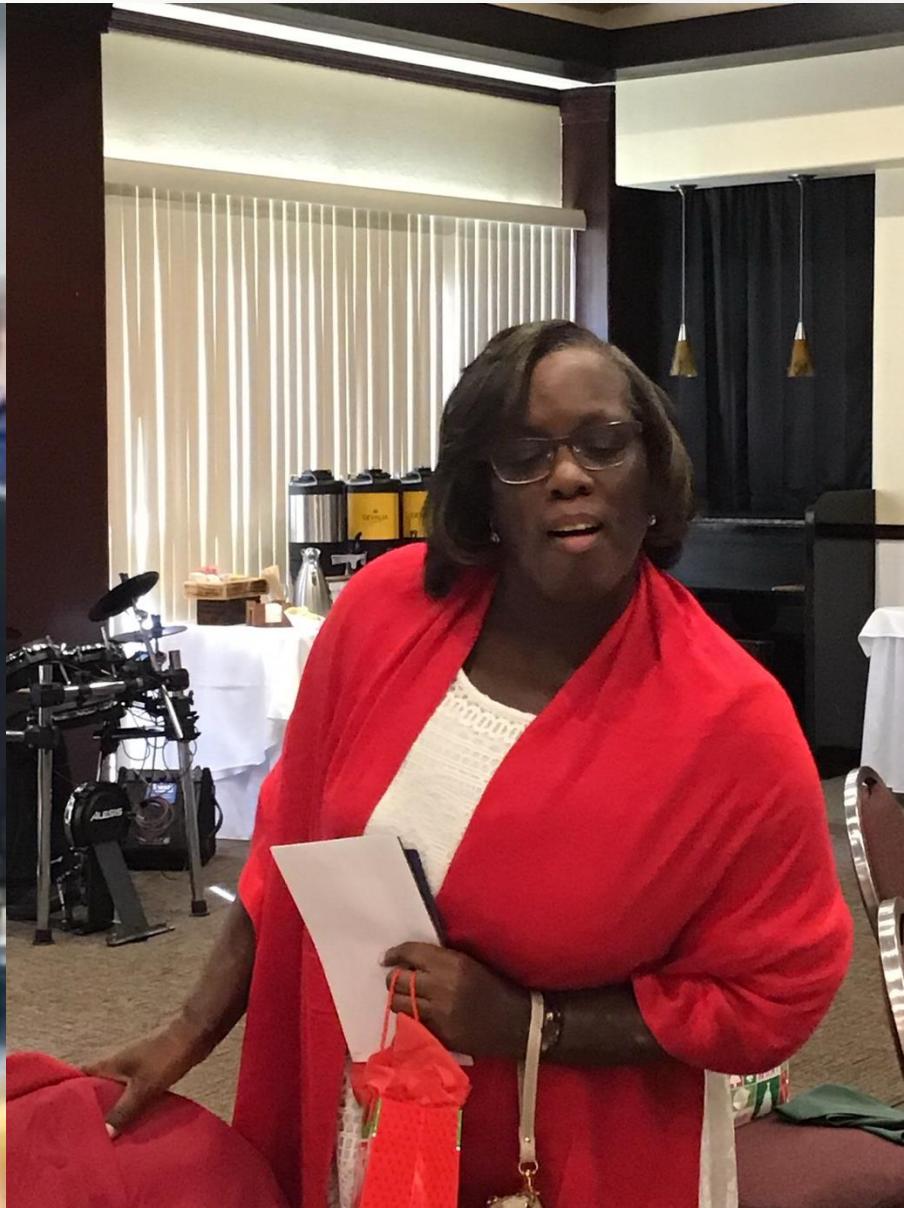






































**Rest is not for weaklings.**

**Hollowing out space for rest is work.**

**It takes courage to rest  
in the midst of  
an outcome-driven society.**











































Rest is really about  
restoration.

Rest is restoring  
whatever's been  
depleted.

Dr. Sandra Dalton-Smith  
Episode 146

grace  
in real life

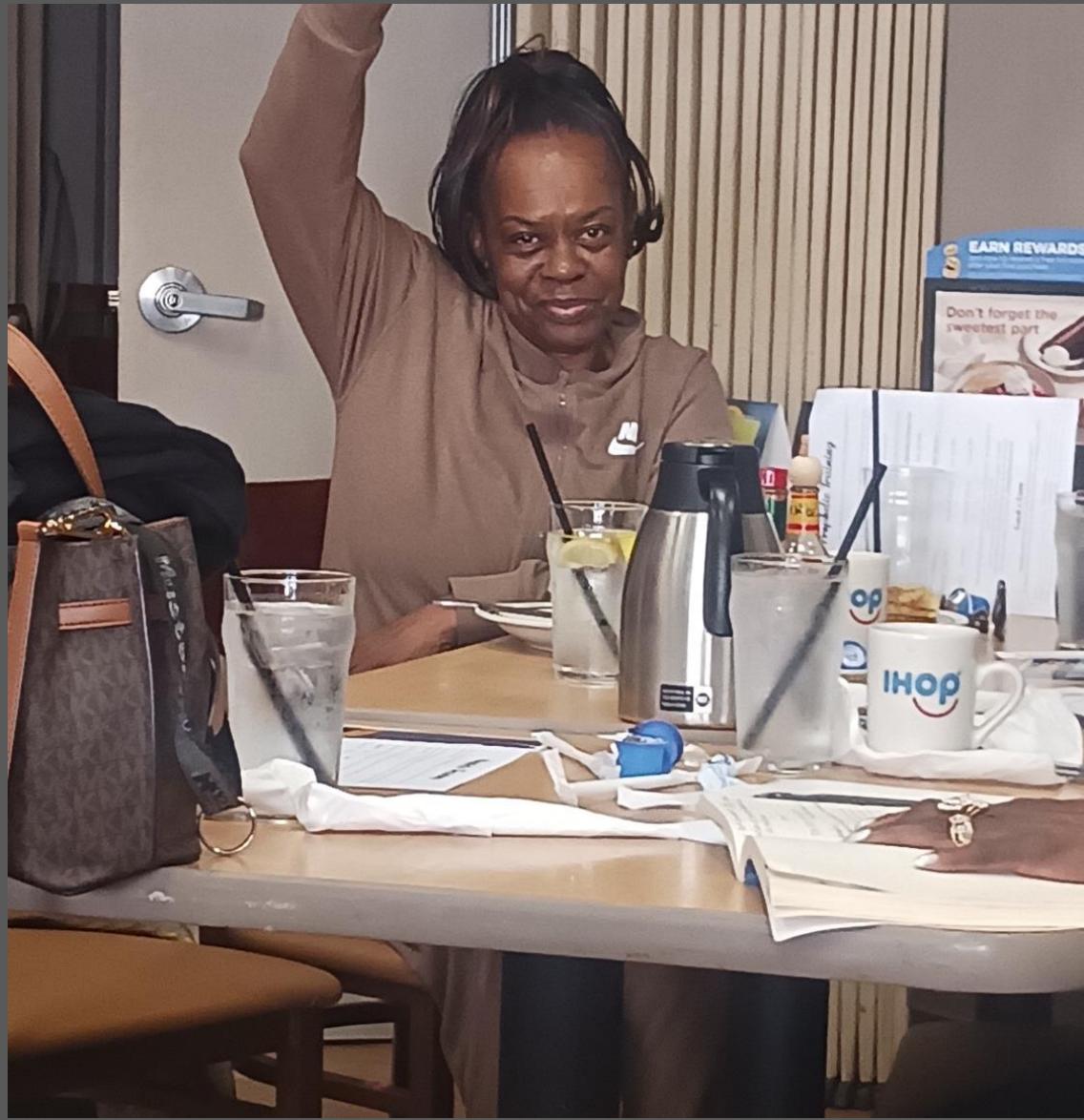


I am still here and  
I am still Beautiful

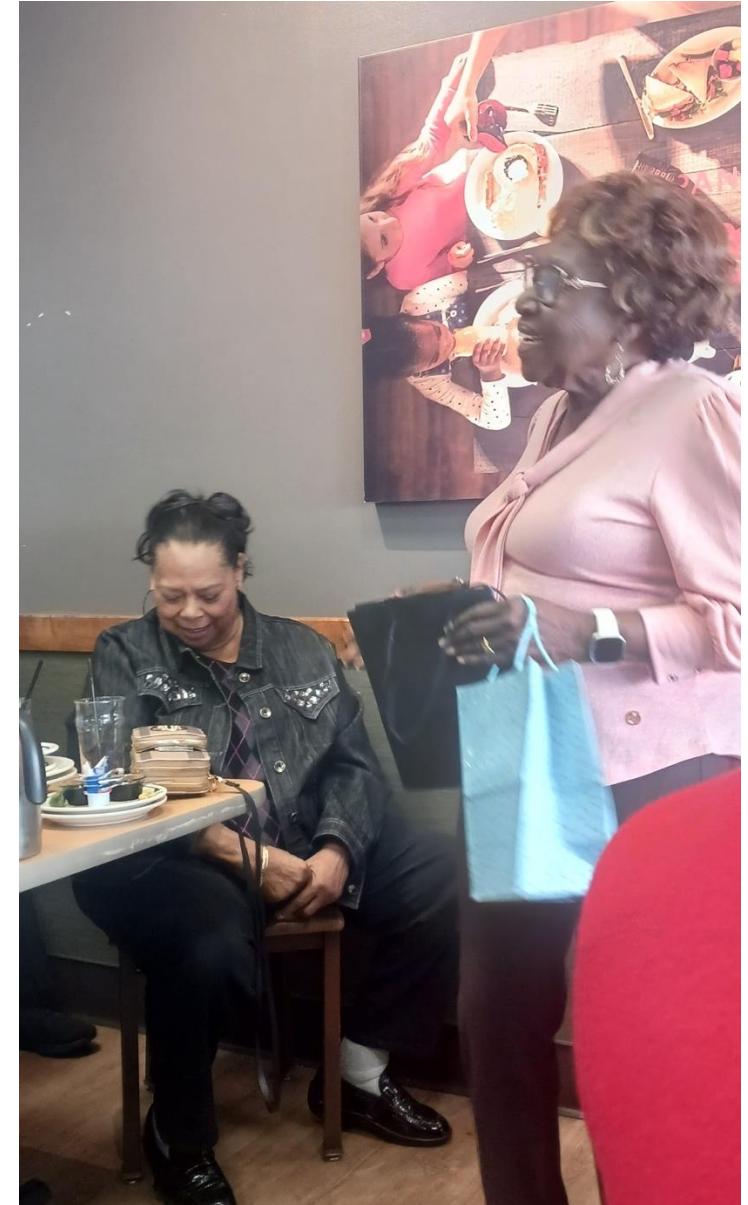








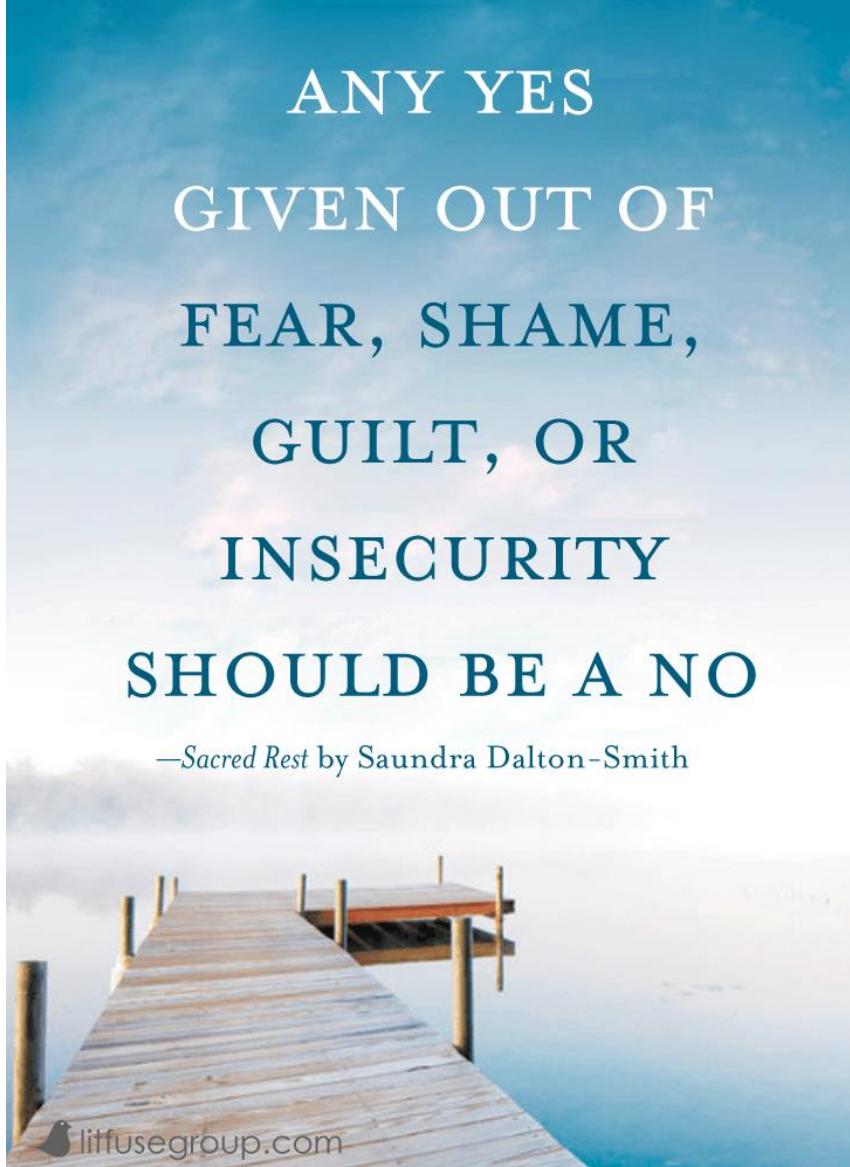






ANY YES  
GIVEN OUT OF  
FEAR, SHAME,  
GUILT, OR  
INSECURITY  
SHOULD BE A NO

*—Sacred Rest by Saundra Dalton-Smith*

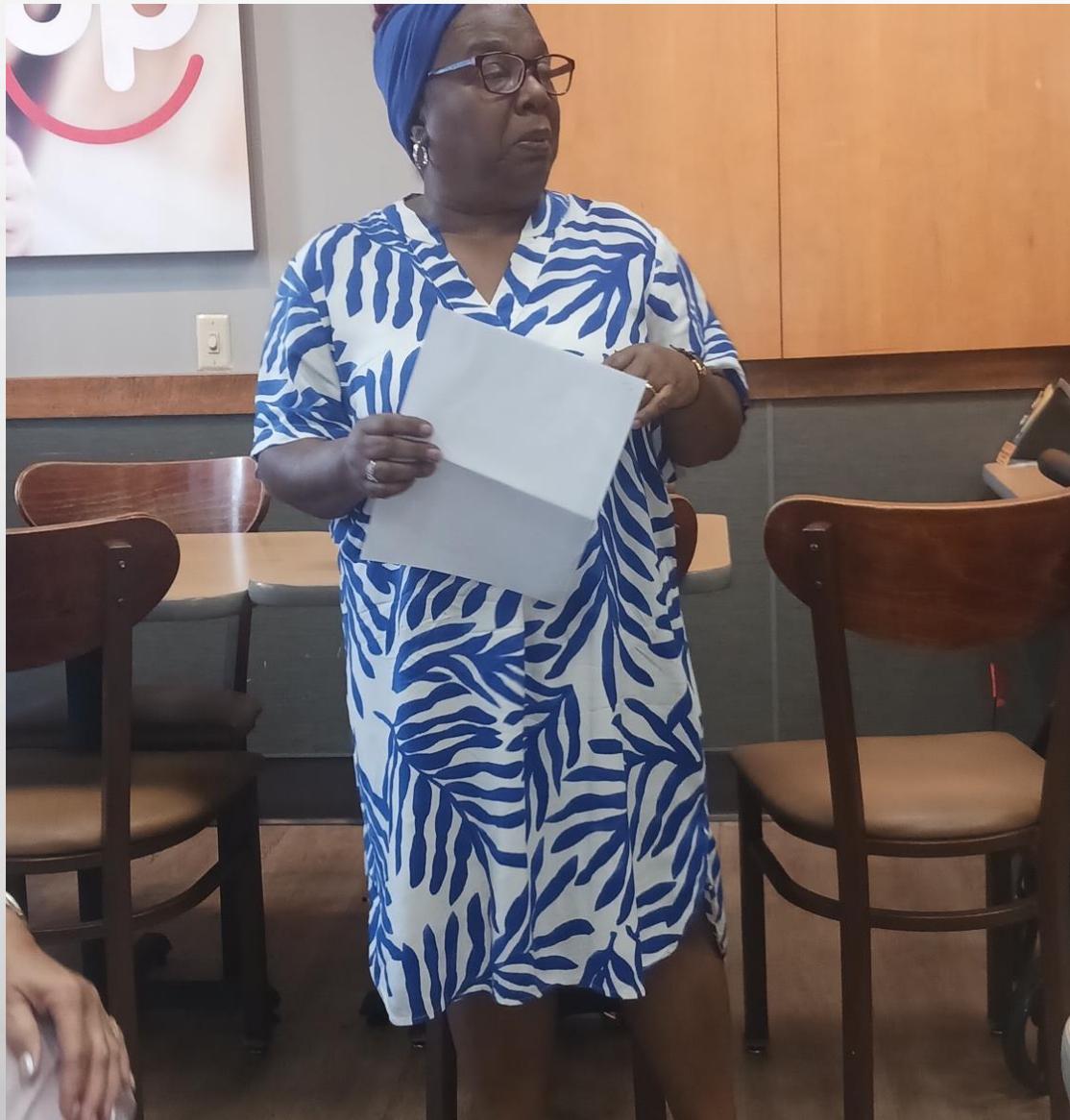














***The Ability to rest boils  
down to the condition  
of your heart. Can you  
trust God to supply  
while you rest?"***

D r . S a u n d r a D a l t o n -  
S m i t h  
S a c r e d R e s t

















## *Mental rest*

involves relinquishing the  
constant stream of thoughts  
entering your mind and obtaining  
a sense of cerebral stillness.

— Dr. Sandra Dalton-Smith, Sacred Rest

[ChoicesinMyBedroom.com](http://ChoicesinMyBedroom.com)





























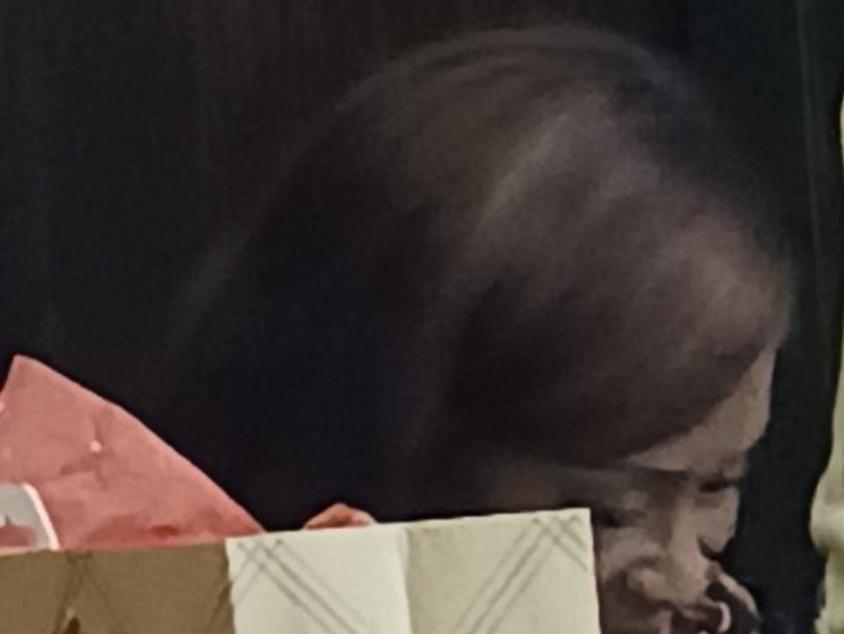
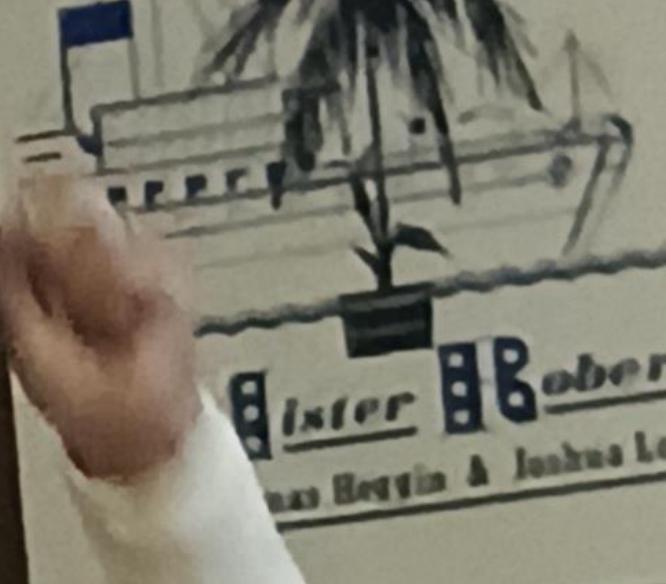














Merry  
Be your Christmas  
Peaceful  
Be your home  
Joyful  
Be your family  
Blessed  
Be each one.

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# **THE GATHERING OF THE REV. SISTERS OF LOS ANGELES**

**YESTERDAY, TODAY, & FOREVER:  
IN HIS NAME AND IN HIS POWER**

